

## Gold Standard Orthopaedics, LLC

Address:  
2987 Industrial Parkway  
Jeffersonville, IN 47130

Contact Information:  
Phone: 812-913-4727  
Fax: 812-913-4726

### Important Information Concerning the GSO ACPI Cervical Plate System

### **CAUTION: FEDERAL LAW (USA) RESTRICTS THESE DEVICES TO SALE BY OR ON THE ORDER OF A PHYSICIAN.**

#### **ACPI ANTERIOR CERVICAL PLATE SYSTEM**

##### **DESCRIPTION:**

The GSO ACPI Anterior Cervical Plate System consists of a variety of bone plates and self tapping bone screws (available in several diameters) composed of titanium alloy (Ti 6Al-4V ELI). A bone screw locking mechanism assembled to the plate eliminates the need to assemble loose locking components during surgery. The bone screws are used to form a tightly locked construct on vertebral bodies of the cervical spine during the development of a cervical spinal fusion. GSO implants can be installed with any suitable instruments.

##### **INDICATIONS FOR USE:**

The GSO ACPI Anterior Cervical Plate System is intended for anterior interbody screw fixation of the cervical spine (C2-C7). The system is indicated for use in the temporary stabilization of the anterior spine during the development of cervical spinal fusions in patients with degenerative disc disease (as defined by neck pain of discogenic origin with degeneration of the disc confirmed by patient history and radiographic studies), spondylolisthesis, trauma (including fractures), spinal stenosis, tumors, deformity (defined as kyphosis, lordosis, or scoliosis), pseudarthroses, and/or failed previous fusions.

**WARNING:** This device system is intended for anterior cervical interbody fusions only. This device is not approved for screw attachment to the posterior elements (pedicles) of the cervical, thoracic, or lumbar spine.

##### **CONTRAINDICATIONS:**

1. Infection local to the operative site
2. Signs of local inflammation or open wounds adjacent to the operative site
3. Fever or leukocytosis
4. Morbid obesity
5. Mental illness, alcoholism or drug abuse
6. Pregnancy
7. Any medical or surgical condition which would preclude the potential benefit of spinal implant surgery, such as the elevation of sedimentation rate unexplained by other diseases, elevation of white blood count (WBC), or a marked left shift in the WBC differential count.
8. Rapid joint disease, bone absorption, osteopenia, and/or osteoporosis. Osteoporosis is a relative contraindication since this condition may limit the degree of obtainable correction, the amount of mechanical fixation, and/or the quality of the bone graft.
9. Suspected or documented metal sensitivity, allergy, intolerance, or foreign body sensitivity
10. Patients with inadequate tissue coverage over the operative site or where there is inadequate bone stock, bone quality, or anatomical definition.
11. Any case not described in the Indications For Use
12. Any patient unwilling to cooperate with the post-operative instructions

##### **IMPORTANT NOTE:**

These implants are intended only to assist healing and are not intended to replace normal body structures. Delayed union or nonunion of bone in the presence of weight bearing or load bearing, could eventually break the implant due to metal fatigue. Therefore, it is important that immobilization of the operative site be maintained until firm bony union (confirmed by clinical and radiographic examination) is established. The surgeon must be thoroughly knowledgeable in the medical, surgical, mechanical and metallurgical aspects of the implants. Postoperative care is extremely important. The patient should be warned that non-compliance with postoperative instructions could lead to breakage of the implant and/or possible migration requiring revision surgery to remove the device. Implants are provided either sterile or non-sterile and instruments are provided non-sterile. Please see the recommended sterilization parameters in the STERILIZATION section of this package insert.

##### **WARNINGS:**

1. This device system is intended for anterior cervical interbody fusions only.
  2. This device is not approved for screw attachment to the posterior elements (pedicles) of the cervical, thoracic, or lumbar spine.
  3. Selection of the proper size, shape and design of the implant increases the potential for success. While proper selection can help minimize risks, the size and shape of human bones present limitations on the size and strength of implants.
  4. Laboratory fatigue testing has shown a relationship between device loading and device performance which makes patient selection factors such as the patient's weight, activity level, and adherence to weight bearing or load bearing instructions and their effect on the load and number of cycles to which the implant is subjected crucial to surgical success.
  5. These devices are not designed to withstand the unsupported stress of full weight bearing or load bearing, and cannot withstand activity levels and/or loads equal to those placed on normal healthy bone. If healing is delayed or does not occur, the implant could eventually break due to metal fatigue. Loads produced by weight bearing and activity levels will dictate the longevity of the implant.
  6. Contact of dissimilar metals accelerates the corrosion process, which could enhance fatigue fracture of the implants. Therefore, only use like or compatible metals with implants that are in contact with each other. Stainless steel and titanium implant components must not be used together in a construct.
- Preoperative planning and operating procedures, including knowledge of surgical techniques, proper reduction, and proper selection and placement of the implant are important considerations in the

successful utilization of the ACPI Anterior Cervical Plate by the surgeon. A successful surgical result is not always achieved. This is especially true in spinal surgery where many extenuating circumstances may compromise the results. The ACPI Anterior Cervical Plate System is only a temporary implant used for the correction and stabilization of the spine. This system is also intended to be used to augment the development of a spinal fusion by providing temporary stabilization. This device system is not intended to be the sole means of spinal support. Bone grafting must be part of the spinal fusion procedure in which the ACPI Anterior Cervical Plate System is utilized. Use of this product without a bone graft or in cases that develop into a non-union will not be successful. This spinal implant cannot withstand body loads without the support of bone. In this event, bending, loosening, disassembly and/or breakage of the device(s) will eventually occur.

The proper selection and compliance of the patient will greatly affect the results. Patients who smoke have been shown to have an increased incidence of non-unions. These patients should be advised of this fact and warned of this consequence. Obese, malnourished, and/or alcohol and/or other drug abuse patients are also not good candidates for spine fusion. Patients with poor muscle and bone quality and/or nerve paralysis are also not good candidates for spine fusion.

Postoperative care is extremely important. The patient should be warned that non-compliance with postoperative instructions could lead to breakage of the implant and/or possible migration requiring revision surgery to remove the device.

##### **IMPLANT SELECTION:**

The selection of the proper size, shape and design of the implant for each patient is crucial to the success of the procedure. Metallic surgical implants are subject to dynamic stresses in use, and their design strength is limited by anatomical constraints. Unless great care is taken in patient selection, proper implant placement, and postoperative management to minimize stresses on the implant, the dynamic stresses may cause metal fatigue and consequent breakage, bending or loosening of the implant before the healing process is complete, which may result in further injury or the need to remove the device prematurely.

##### **PRECAUTIONS:**

1. This implant system is intended for single use only. Never re-implant an explanted metal device, under any circumstances. Even though the device appears undamaged, it may have small defects and internal stress patterns which may lead to early breakage.
2. Titanium implants are to be handled with care. If contouring of the plate is required, avoid sharp bends and reverse bends. Avoid notching or scratching of the device, which could produce internal stresses and lead to early breakage.
3. After healing is complete, the implant may be removed since it is no longer necessary. Implants which are not removed may result in complications such as implant loosening, fracture, corrosion, migration, pain or stress shielding of bone; particularly in young, active patients. Implant removal should be followed by adequate postoperative management.
4. Adequate patient instruction must include instructing the patient on the limitations of the metallic implant. The patient should be cautioned regarding physical activity and weight bearing or load bearing prior to complete healing.
5. This device is recommended for use by surgeons thoroughly familiar with the relative current literature, surgical techniques, implantation technique for this device, and postoperative care of the patient.

Please refer to the specific surgical technique for this device for more information.

**MR SAFETY:** The GSO ACPI Anterior Cervical Plate System has not been evaluated for safety and compatibility in the MR environment. The GSO ACPI Anterior Cervical Plate System has not been tested for heating or migration in the MR environment.

##### **POSSIBLE ADVERSE EFFECTS:**

1. Nonunion (pseudarthroses), delayed union, or malunion
  2. Early or late loosening of any or all of the components
  3. Bending, fracture, disassembly, breakage, or migration of any or all of the components of the implant.
  4. Foreign body (allergic) reaction to implants, debris, corrosion products, graft material, including metallosis, staining, tumor formation, and/or auto-immune disease.
  5. Decrease in bone density due to stress shielding, bone loss or decrease in bone density, possibly caused by stress shielding.
  6. Graft donor site complications including pain, fracture, or wound healing problems.
- Resorption, damage, or penetration of any spinal bone and/or bone graft or bone graft harvest site at, above, and/or below the level of surgery.
7. Cessation of any potential growth of the operated portion of the spine. Loss of spinal mobility or function. Inability to perform the activities of daily living.
  8. Pain, discomfort, or abnormal sensations due to presence of the implant
  9. Nerve, soft tissue, bursitis, or blood vessel damage due to surgical trauma and or improper positioning and placement of implants or instruments.
  10. Loss of neurological function, including paralysis (complete or incomplete), dysesthesias, hyperesthesia, anesthesia, paraesthesia, appearance of radiculopathy, and/or the development or continuation of pain, numbness, neuroma, or tingling sensation.
- Neuropathy, neurological deficits (transient or permanent), bilateral paraplegia, reflex deficits, and/or arachnoiditis.
11. Post-operative change in spinal curvature, loss of correction, height, and/or reduction
  12. Fracture of bony structures
  13. Spinal cord impingement
  14. Dural leak
  15. Necrosis of bone
  16. Hemorrhage
  17. Infection
  18. Loss of bowel and/or bladder control or other types of urological system compromise.
  19. Scar formation possibly causing neurological compromise around nerves and/or pain.
  20. Interference with roentgenographic, CT, and/or MR imaging because of the presence of the implants.
  21. Atelectasis, ileus, gastritis, herniated nucleus pulposus, retropulsed graft.
  22. Hemorrhage, hematoma, seroma, embolism, edema, stroke, excessive bleeding, phlebitis, wound necrosis, wound dehiscence, or damage to blood vessels.
  23. Development of respiratory problems, e.g. pulmonary embolism, bronchitis, pneumonia, etc.
  24. Change in mental status

25. Death.

**Note:** Additional surgery may be necessary to correct some of these anticipated adverse events.

Other preoperative, intraoperative, and postoperative warnings are as follows:

**PREOPERATIVE:**

1. Only patients that meet the criteria described in the indications should be selected.
2. Patient conditions and/or predispositions such as those addressed in the aforementioned contraindications should be avoided.
3. Care should be used in the handling and storage of the implant components. The implants should not be scratched or otherwise damaged. Implants and instruments should be protected during storage especially from corrosive environments.
4. The type of construct to be assembled for the case should be determined prior to beginning the surgery. An adequate inventory of implant sizes should be available at the time of surgery, including sizes larger and smaller than those expected to be used.
5. The ACP1 Anterior Cervical Plate System components are not to be combined with the components from another manufacturer. Different metal types should not be used together.

**INTRAOPERATIVE:**

1. Any instruction manuals should be carefully followed.
2. At all times, extreme caution should be used around the spinal cord and nerve roots. Damage to nerves will cause loss of neurological functions.
3. When the configuration of the bone cannot be fitted with an available temporary internal fixation device, and contouring is absolutely necessary, it is recommended that such contouring be gradual and great care be used to avoid notching or scratching the surface of the device(s). The components should not be repeatedly or excessively bent any more than absolutely necessary. The components should not be reverse bent at the same location.
4. The implant surfaces should not be scratched or notched, since such actions may reduce the functional strength of the construct.
5. Bone grafts must be placed in the area to be fused and the graft must be extended from the upper to the lower vertebrae to be fused.
6. Bone cement should not be used since this material will make removal of the components difficult or impossible. The heat generated from the curing process may also cause neurologic damage and bone necrosis.
7. Before closing the soft tissues, all of the screws should be seated onto the plate. Recheck the tightness of all screws after finishing to make sure that none has loosened during the tightening of the other screws. Also secure the locking screw into place to secure the portion of the screw heads which are located at the ends of the plate. Failure to do so may result in screw loosening. Caution: Excessive torque on the threads may cause the threads to strip in the bone, reducing fixation.

**POSTOPERATIVE:**

The physician's postoperative directions and warnings to the patient and the corresponding patient compliance are extremely important.

1. Detailed instructions on the use and limitations of the device should be given to the patient. If partial weight-bearing is recommended or required prior to firm bony union, the patient must be warned that bending, loosening or breakage of the components are complications which can occur as a result of excessive or early weight-bearing or excessive muscular activity. The risk of bending, loosening, or breakage of a temporary internal fixation device during postoperative rehabilitation may be increased if the patient is active, or if the patient is debilitated, demented or otherwise unable to use crutches or other such weight supporting devices. The patient should be warned to avoid falls or sudden jolts in spinal position.
2. To allow the maximum chances for a successful surgical result: the patient or device should not be exposed to mechanical vibrations that may loosen the device construct. The patient should be warned of this possibility and instructed to limit and restrict physical activities, especially lifting and twisting motions and any type of sport participation. The patient should be advised not to smoke or consume alcohol during the bone graft healing process.
3. The patient should be advised of their inability to bend at the point of spinal fusion and taught to compensate for this permanent physical restriction in body motion.
4. If a non-union develops or if the components loosen, bend, and/or break, the device(s) should be revised and/or removed immediately before serious injury occurs. Failure to immobilize a delayed or non-union of bone will result in excessive and repeated stresses on the implant. By the mechanism of fatigue these stresses can cause eventual bending, loosening, or breakage of the device(s). It is important that immobilization of the spinal surgical site be maintained until firm bony union is established and confirmed by roentgenographic examination. The patient must be adequately warned of these hazards and closely supervised to insure cooperation until bony union is confirmed.
5. The ACP1 Anterior Cervical Plate System implants are temporary internal fixation devices. Internal fixation devices are designed to stabilize the operative site during the normal healing process. After the spine is fused, these devices serve no functional purpose and should be removed. In most patients removal is indicated because the implants are not intended to transfer or support forces developed during normal activities. If the device is not removed following completion of its intended use, one or more of the following complications may occur: a. Corrosion, with localized tissue reaction or pain, b. Migration of implant position possibly resulting in injury, c. Risk of additional injury from post-operative trauma, d. Bending, loosening and/or breakage, which could make removal impractical or difficult, e. Pain, discomfort, or abnormal sensations due to the presence of the device, f. Possible increased risk of infection, and g. Bone loss due to stress shielding. While the surgeon must make the final decision on implant removal, whenever possible and practical for the individual patient, bone fixation devices should be removed once their service as an aid to healing is accomplished, particularly in younger and more active patients. Any decision to remove the device should take into consideration the potential risk to the patient of a second surgical procedure and the difficulty of removal. Implant removal, should be followed by adequate postoperative management to avoid fracture.
6. Any retrieved devices should be treated in such a manner that reuse in another surgical procedure is not possible. As with all orthopaedic implants, none of the ACP1 Anterior Cervical Plate System components should ever be reused under any circumstances.

**PACKAGING:**

Packages for each of the components should be intact upon receipt. If a loaner or consignment system is used, all sets should be carefully checked for completeness and all components including instruments should be carefully checked to ensure that there is no damage prior to use. Damaged

packages or products should not be used, and should be returned to the Gold Standard Orthopaedics distributor.

**STERILIZATION:** Unless marked sterile and clearly labeled as such in an unopened sterile package provided by the company, all implants and instruments used in surgery must be cleaned and sterilized by the hospital prior to use. Remove all packaging materials prior to sterilization. Only sterile products should be placed in the operative field. Unless specified otherwise, these products are recommended to be steam sterilized by the hospital using the process parameters below:

Method	Cycle	Temperature	Exposure Time	Dry Time
Steam	<sup>1</sup> Pre-Vacuum	270F (132C)	4 Minutes	30 Minutes

<sup>1</sup> Validated steam sterilization time required to achieve a 10<sup>-6</sup> sterility assurance level (SAL).

**Note:** Instrument cases do not provide a sterile barrier and must be used in conjunction with an FDA cleared, intact steam sterilization compatible wrap to maintain sterility. Because of the many variables involved in sterilization, each medical facility should calibrate and verify the sterilization process (e.g. temperatures, times) used for the equipment.

**CLEANING AND DECONTAMINATION:** Unless just removed from an unopened GSO package, all non-sterile instruments and implants capable of manual disassembly without the use of tools must be disassembled and cleaned using neutral cleaners before sterilization and introduction into the sterile surgical field or before sterilization and return of the product to Gold Standard Orthopaedics. Cleaning and disinfecting of instruments can be performed with aldehyde-free solvents at higher temperatures. Cleaning and decontamination must include the use of neutral cleaners followed by a deionized water rinse.

**Note:** Certain cleaning solutions such as those containing formalin, glutaraldehyde, bleach and/or other alkaline cleaners may damage some devices, particularly instruments. These solutions should not be used. Also, many instruments require disassembly before cleaning. All products should be treated with care. Improper use or handling may lead to damage and/or possible improper functioning of the device.

**PRODUCT COMPLAINTS:** Any Health Care Professional (e.g. customer or user of this system of products) who has any complaints or who has experienced any dissatisfaction in the product quality, identity, durability, reliability, safety, effectiveness and/or performance, should notify the Gold Standard Orthopaedics distributor. Further, if any spinal system component ever malfunctions (i.e. does not meet any of its performance specifications or otherwise does not perform as intended), or is suspected of doing so, the distributor should be notified immediately. If any Gold Standard Orthopaedics product ever malfunctions and may have caused or contributed to the death or serious injury of a patient, the distributor should be notified immediately by telephone, FAX or written correspondence. When filing a complaint, please provide the component(s) name and number, lot number(s), your name and address, the nature of the complaint and notification of whether a written report from the distributor is requested.

**FURTHER INFORMATION:** If further details for the use of this system are needed, please check with the Gold Standard Orthopaedics distributor. If further information is needed or required, please see the address on this document.

	Use By, Expiration Date
	Do Not Re-use, Single Use Only

**INFORMATION**

Recommended directions for use of this system (surgical operative techniques) are available at no charge upon request. For further information, please contact your local GSO Distributor or the contact information at the beginning of this document.

All rights reserved. All trademarks are the property of Gold Standard Orthopaedics, LLC, unless otherwise indicated.

2011 Gold Standard Orthopaedics. All rights reserved.

509001Rev D 03-08-17